



BOY SCOUTS OF AMERICA
BAY-LAKES COUNCIL

RESIDENT CAMP HEALTH PROGRAM
Bay-Lakes Council BSA Camp Hiawatha

The following are the Bay-Lakes Council Health Program Requirements for the Scouts BSA Troops, Webelos Scouts, Cub Scouts and adults attending Bay-Lakes resident camp at Camp Hiawatha in 2020.

- 1. BSA Health form Part C, for Scout BSA youth and adult participants, dated from February 1, 2019 to present will be accepted for this summer.** For all Camp Hiawatha participants, parts A and B must be updated with current signatures within two weeks of coming to camp. Health forms are to be provided to the camp prior to arriving.
- 2. Pre-Camp Requirements:** All Scouts planning to attend summer camp must comply with all state health requirements including any Stay-at-Home Order, maintain social distancing, and avoid contact with any individuals with illness. Scouts and adult leaders arriving at camp will be required to certify they have met these requirements for two weeks prior to camp. These requirements must be strictly followed for the two weeks prior to attending camp.
- 3. Illness before Summer Camp:** If your child or you as an adult participant is showing signs of illness such as running a temperature, throwing up, diarrhea, nasal drainage and/or coughing/sneezing; keep the child/stay at home and contact your Camp Director. This greatly reduces the spread of illness at camp but also supports recovery.
- 4. Pre-Camp Preparation:** See the attached Pre-Camp Preparation Summary for further instructions on how to prepare for summer camp. These guidelines are highly recommended. Masks will be available at camp for individuals that may be required to wear them. It is recommended that all persons bring along at least one mask in case it is needed.
- 5. Camp Check-In Procedure:** Camp staff will greet you at the gate. Do not get out of your vehicles. You will be directed to your campsite. Drive directly to your campsite. If you do not know where your campsite is, a staff member will direct you. Your Troop or Pack will have the afternoon to set up camp. Your site guide will meet you at your campsite to help you set up camp.
- 6. Health Lodge Staff:** A Health Lodge Staff will come to your campsite. They will collect your health forms if they have not already been previously turned in. Prescription medicines can be checked in at this time. All Scouts and adults checking in to camp will be required to fill out a health questionnaire regarding any current illness or other symptoms. If any questionable results are identified, the Scout or adult will be examined by the Camp Health Officer. The Health Officer will check temperature and examine any health conditions and determine if the camper will be admitted to camp. Any illnesses identified will be checked by the Camp Health

Officer and a determination made if the camper should return home. Any person suspected of illness will be required to wear a mask.

7. **Buddy Tags:** If you have done your pre-camp swim checks, present your pre-camp swim check form at check in and given a buddy tag. If you have not done your pre-camp swim check, a buddy tag will be given to you and a swim check time will be assigned to you.
8. **Campers with Dietary Requests/Restrictions:** Should talk with the Health Lodge Staff. If they have not filled out and sent in a dietary request form, a form will be given to them and will do our best to accommodate the requests. They may also be asked to talk with the Camp Staff Cook and Commissary Director.
9. **Leader Check-in:** While your Troop or Pack is setting up your campsite, send your Scoutmaster or another leader to the Leader's Lounge to check in your Troop or Pack. Any monies due should be paid at this time.
10. **Camp Wide Dinner:** Dinner will be served from the Commissary. You will be able to bring the meal back to your campsite or eat in the parade grounds following all social distancing guidelines. More details will be provided at check-in. A brief camp tour will be done after dinner.
11. **Food Service:** Meals will be picked up at the Commissary. The Commissary will provide the ingredients you need to do patrol style cooking at your campsite. We will have two camp wide meals and will be served as prepared boxed meals. You may take them back to your campsite to eat them as a Troop or Pack.
12. **Health Checks During Camp:** Camp staff will conduct routine health checks during summer camp by meeting with adult leaders and campers.
13. **Camp Visitation:** For practical purposes no camp visitors will be allowed, thereby minimizing the possible influx of potential virus from outside areas. If any person is to visit a camp the same health protocol for the camp attendees must be followed including the camp pre-camp preparation and the health check-in at camp.
14. **Camp Cleaning:** A dedicated camp staff crew will perform camp cleaning and disinfection on a daily continuous basis. This includes cleaning all common areas such as program areas, as well as all latrines, shower houses, and other areas of use. Cleaning and disinfecting will be at least twice per day for all areas.
15. **Camp Assignments:** All units will be assigned to a specific sub-camp and will be grouped according to the area of the state that they originate from. These sub-camp groups will operate as a unit of no more than 10-15 persons and a campsite will hold a maximum of about 40 persons. Sub-camp units from the same Troop or Pack may be assigned to adjacent campsites. Programing will only be provided through assigned scheduling of sub-camps on a round robin basis. Some programing may be available at your campsite. Each sub-camp will operate as a separate and isolated entity and will not mix with any other groups or individuals. This isolation from other sub-camp groups will be maintained all week. You may not get the same camp site you reserved due to this requirement.

- 16. No Large Group Activities:** There will be no camp wide activities, such as a camp wide campfires or games. All campfires, games and group activities are limited to your sub-camp and are expected to be limited to being held within the Troop or Pack campsite areas. This applies to all the ranges, the swimming area and waterfront activities such as canoeing and kayaking, handicraft and/or other areas. All activities such as hiking or walking around camp must be done as a unit under the supervision of unit adults.
- 17. Program Activities:** Due to COVID-19, summer camp this year will be more like a Troop or Pack campout that we are assisting you with. The ranges, handicraft and nature areas will be available on a limited basis and your sub-camp will need to reserve a program area time slot. Many program activities such as wood carving or basketry will be done in the Troop or Pack campsite. Merit badge work will be available to some reasonable extent given the limitations specified in this summary. Adult leaders attending camp are asked to assist with the in-campsite activities. Activities such as; Kube, Yard Yatzee, Disk Golf, Giant Jenga, Gaga Ball and Branding will be available on a scheduled basis to your sub-camp.
- 18. Out of Camp Activities:** There will be no out-of-camp activities except those that a camper can walk/bike to. To minimize the exposure to individuals outside of camp, no transport of Scouts or adults to other camps or to remote high adventure activities will occur.
- 19. Trading Post:** The camp trading post will be available via a walk-up window, and some limited access inside the trading post. We will also have a preorder program, where you can call in an order and then stop by and pick it up.
- 20. Social Distancing and Isolation:** It is mandatory that social distancing will be followed, and the groups of up to 40 must remain isolated from the other groups at all times. **Mixing of Troops or Packs outside of your group of 40, is not permitted.**

How to Prepare for Summer Camp

A healthy summer camp really does start and end at home! Here are some things you can do to have a great camp experience.

- If your child is showing signs of illness such as running a temperature, throwing up, has diarrhea, nasal drainage and/or coughing/sneezing, keep the child home and contact your camp director. This greatly reduces the spread of illness at camp but also supports your child's recovery. Know your camp's policy about illness and camp attendance.
- Teach your child to sneeze/cough in his/her sleeve and to wash his/her hands often while at camp, especially before eating and after toileting. If you really want to achieve impact, teach your child to accompany hand washing with another behavior: keeping their hands away from their face.
- If your child has mental, emotional, or social health challenges, talk with a camp representative before camp starts. Proactively discussing a camp's ability to accommodate a child can help minimize – if not eliminate – potential problems.
- Should your child need a particular nutrition plan because of allergies, intolerances or a diagnosis (e.g., diabetes), note these on the Health History form but also contact the camp to make sure (a) they have noted that need and (b) the camp can address it. Discuss how your child will receive appropriate meals and snacks then explain that to your camper. Should your child be uncomfortable with the plan, arrange for a camp staff member to assist/monitor the process until the child is comfortable.
- Make sure your child has and wears appropriate close-toed shoes for activities such as soccer and hiking, and that your child understands that camp is a more rugged environment than the sub/urban setting. Talk with your child about wearing appropriate shoes to avoid slips, trips and falls that, in turn, can result in injuries such as sprained ankle.
- Send enough clothes so your child can dress in layers. Mornings can be chilly and afternoons get quite hot. Dressing in layers allows your child to remove clothing as s/he warms while still enjoying camp.
- Fatigue plays a part in both injuries and illnesses – and camp is a very busy place! Be sure they get enough rest at night. If the child will be at a resident camp, explain that camp is not like a sleepover; they need to sleep, not stay up all night!
- Remember to send sunscreen appropriate to the camp's geographic location and that your child has tried at home. Teach your child how to apply his/her sunscreen and how often to do so.
- Send a reusable water bottle. Instruct your child to use it and refill it frequently during their camp stay. Staying hydrated is important to a healthy camp experience, something your child can assess by noting the color of their urine ("pee"); go for light yellow.
- Talk with your child about telling their counselor, the nurse or camp director about problems or things that are troublesome to them at camp. These camp professionals can be quite helpful as children learn to handle being lonesome for home or cope

with things such as losing something special. These helpers can't be helpful if they don't know about the problem – so talk to them.

- Should something come up during the camp experience or afterward – you see an unusual rash on your child or the child shares a disturbing story – contact the camp's representative and let them know. Camps want to partner effectively with parents; sharing information makes this possible.

If you need more information, please contact your unit's leader who can either contact the Camp Director or the Council office.