



## BOY SCOUTS OF AMERICA BAY-LAKES COUNCIL

### Resident Camp Health Program Gardner Dam Scout Camp

The following are the Bay-Lakes Council Health Program requirements for Webelos (incoming 4<sup>th</sup> and 5<sup>th</sup> grade) and adults attending Gardner Dam Scout Camp in 2020.

- 1.) **The Boy Scouts of America Annual Health and Medical Record** must have parts A and be updated with current signatures two weeks prior to arrival at camp. Part C dated after February 1, 2019 will be accepted for the summer of 2020. All health forms are to be mailed to Gardner Dam Scout Camp prior to arriving.
- 2.) **Pre- Camp Requirements:** All Scouts and adults planning to attend camp must comply with all Wisconsin state health requirements, including any Stay-at-Home order, maintain social distancing, and avoid contact with any individuals with illness. Scouts and adults arriving at camp will be required to certify they have met these requirements two weeks prior to camp. These requirements must be strictly followed in that two-week period.
- 3.) **Illness before Summer camp:** If you or your child is showing signs of illness, such as an elevated temperature, vomiting, diarrhea, nasal drainage and/or coughing and sneezing, stay at home and contact our Camp Director, Brit Burmeister. This greatly reduces the spread of illness at camp, but also supports the recovery of the affected individual.
- 4.) **Pre-Camp Preparation:** Following this document, there is a set of preparation instructions for your arrival at Gardner Dam. These guidelines are HIGHLY recommended. Masks will be available at camp for individuals that may be required to wear them. It is recommended that all persons bring along at least one mask in the event it is needed.
- 5.) **Camp Check-In Procedure:** All Scouts and adults checking in to camp will be required to fill out a health questionnaire regarding any current illness or other symptoms. Each person arriving at camp will have their temperature taken prior to admittance. If any questionable results are identified, the Scout or adult will be examined by the Camp Health Officer. The Health Officer will check for an elevated temperature and examine any health conditions present to determine if the Scout is eligible to participate in camp. If any health concerns are present, our camp management may ask the Scout or adult return home.
- 6.) **Health Checks during Camp:** Camp staff will conduct routine health checks during the camping session by meeting with adult leaders and campers. Any illnesses identified will be checked by the Health Officer and decision between isolation at camp or returning home will be made. Any person suspected of illness must wear a mask.
- 7.) **Camp Visitation:** For practical purposes, no visitors will be allowed on camp property. This will minimize the possible influx of potential virus from outside areas.
- 8.) **Camp Cleaning:** A dedicated camp staff crew will perform camp disinfection and sanitization daily. This includes all common areas, dining facilities, program areas, showers, and latrines. High traffic areas will be disinfected several times a day.



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- 9.) **Camp Assignments:** All units will be assigned to a specific sub-camp and all programming will be done as a sub-camp group, rotating through camp. Meals will be served to each sub-camp individually. Scouts and adults will be grouped according to the area of the state they originate from and will be assigned to a specific sub-camp. Sub-camps will be formed with a maximum of 40 persons, operating as individual units of no more than 10 people. Some sub-camp units may be assigned to adjacent campsites. Programming will only be provided through rotations for each sub-camp. Some programming may be available in your campsite. Sub-camps will not mix with other groups or individuals while at camp.
- 10.) **Food Service:** It is planned that breakfast and evening meals will be service in campsites with a quick pack-out style lunch. Meals will be box type and served hot or cold as needed. Each sub-camp will have an opportunity to dine in the main dining hall at least once during the session, but a rotation will be used to take advantage of as much space as we can.
- 11.) **Large Group Activities:** There will not be any camp wide activities such as opening/closing programs, games, or campfires. All group activities are limited to your sub-camp and are expected to be held within your campsite. Activities such as shooting sports, swimming, boating, climbing and others will be scheduled ahead of time with other members of your sub-camp. Other activities such as hiking or walking through camp must be done as a unit with appropriate adult supervision.
- 12.) **Trading Post:** The trading post will be available with limited access. Signs and floor stickers will be used to point out appropriate distancing between individuals. The trading post will be limited to 5 people at a time.



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### Preparing for your Visit to Gardner Dam

An epic summer camp really does start and end at home. Here are some things you can do to have an excellent adventure.

If you or your child is showing signs of illness such as an elevated temperature, vomiting, diarrhea, nasal drainage and/or coughing and sneezing, please stay home and contact the Gardner Dam Camp Director, Brit Burmeister. This will reduce the spread of illness at camp and help you or your Scout have a better time recovering.

- 1.) Practice sneezing and coughing in your sleeve and washing hands often, especially before eating and after using the restroom. Practicing these at home will help carry those behaviors over while at camp. There will be plenty of hand washing stations and access to hand sanitizer throughout camp.
- 2.) If your child has additional abilities, whether it be physically or developmentally, please reach out to our camp management prior to camp. We can help talk through items that may make your child's stay at camp that much more enjoyable and stress free.
- 3.) If you or your child need nutritional arrangements for whatever reason, please note those on the Annual Health and Medical Record and call our camp management. We are happy to talk about how we can accommodate and will take down the information to communicate with our food service team. Providing a list of foods that are liked and accommodate needs is helpful for us to make your transition to camp a bit smoother.
- 4.) Please come to camp with close-toed shoes. We have some rocky and sometimes surprising terrain that can even catch the sharpest of eyes. Close-toed shoes will really help decrease our health office visits and ensure you and your Scout have a great time taking in all the adventures camp has to offer.
- 5.) You can never over pack for camp. If you think it's a necessity or something that'd bring more comfort to you and your Scout at camp, please do so! Mornings at camp can be a bit brisk and the fresh dew is pretty rough on socks and tennis shoes. However, those afternoons are the exact opposite and can be brutal if too many layers are worn. Bring whatever is comfortable to camp and don't feel like you're bringing too much. Our trailers can fit a ton of belongings and we are more than happy to make an extra trip if you would like to put them to the test. Extra socks, extra undergarments, hoodies, t-shirts and sunscreen are a must. Don't forget the swimsuit. You won't want to miss an afternoon on the kayak slide.
- 6.) Getting enough sleep at night will really help the energy level of everyone at camp. While it's a new atmosphere and is extremely exciting, it's harder to enjoy and can lead to illness or injury if we don't get enough sleep at night. Please work with your Scout to help them understand this isn't your normal sleepover. Good rest at night equals epic adventures during the day.



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- 7.) Each day you'll hear the following phrase, "This is your daily reminder to drink water, glug, glug, glug, glug." As with any typical Wisconsin summer, the temperatures can get quite high. Pair that with lots of exertion during activities and we can have a serious situations. If it can help, the BSA has created pocket size color charts to analyze urine color. Some Scouts like the challenge of trying to get the lightest color yellow possible. Drink that water!
- 8.) If there's anything that can be helpful for you or child and your experience at camp, please reach out. No request is too little or too big and we will do our best to accommodate. If you have a Scout in your group that may be a little homesick or is struggling to adjust to camp life, our camp counselors are great at giving smiles and elbow bumps followed by a few reassurances. They're the coolest people we could find and they are excellent when it comes to a good pep talk. Remind your Scout that he or she can talk to us if they have any concerns while they're at camp. Even if it's about the slug they found on the bridge, we're here to listen and bring the fun.
- 9.) If you notice anything unusual during your stay at camp or anything after your return home, please give us a call or send us an email. We need to know if any health concerns are discovered and if there were any uncomfortable situations. Not only do we want to make sure everyone is safe and healthy, but we appreciate opportunities to learn how we can do better.

Again, if there is anything that we can do to make your stay a little more comfortable and significantly more enjoyable, please reach out.

Adventure On,

Brit Burmeister, Camp Director

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